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A STUDY ON EMOTIONAL MATURITY OF B.Ed. STUDENTS IN MADURAI DISTRICT



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One outcome of healthy emotional development is increasing "emotional maturity". Emotional maturity should be regarded as relative, not final or absolute. Two, four or six years old are "emotionally mature". If they show capacity for emotional behavior that is true to their level of development even though all three groups are quite immature compared with the eighteen or twenty years old. The process of maturing emotionally is never complete, for a person in fairly good health mentally, continues to grow more "mature" in his attitude toward life and toward himself as long as he lives. Therefore when we say that a major aim of a good educational program is to help learners to gain in emotional maturity, what we mean is not the achievement of a certain end product that can be graded or rated on graduation day, but rather seeking to help the child in a process of development that continues long after most people leave school. The present study attempts to find out the emotional maturity of B.Ed. students. A random sample of 168 B.Ed. students from 6 colleges of education was selected in Madurai district. Data was analyzed by t-test. Results found that there is significant difference in emotional maturity of B.Ed. students with respect to gender, nativity, mother's education and number of intimate friends. Finding also revealed that father's education is not significantly differing in emotional maturity of B.Ed. students.

KEYWORDS: Emotional Maturity, B.Ed. Students.

INTRODUCTION

Human beings are creatures of feelings or emotions. Our emotions control our behaviour. Emotions are one of the dimensions of personal experiences. They are expressed as love, fear, anger, laughter, tears and so on. They involve feelings of jubilation or depression. If there had been no emotions in the life of the organism, our life would have been devoid of aspiration. According to Charles Skinner (2004), emotional maturity that is in keeping with the facts of development and potentialities involved in the process of development must stress not simply restriction and control but also the positive possibilities inherent in human nature. According to these views, emotional maturity involves the kind of living that most richly and fully expresses what a person has in human at any level of his/her development. According to Jersild (1957) describes, "An adequate description of emotional maturity must take account of full scope of the individuals' capacity and powers, and of his/her ability to use and enjoy them.

NEED FOR THE STUDY

Many attempts have been made to define emotional maturity. "In psychological writings the definition of maturity has frequently been a rather negative one. That emotional maturity essentially involves emotional control has been a prominent feature in some definitions. According to this view, the emotionally mature person is able to keep a lid on his feelings. He can suffer in silence, he can bide his time in spite

