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# HOSTEL ADJUSTMENT AMONG UNDERGRADUATE STUDENTS IN MADURAI

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## NEED FOR THE STUDY

It is a well known fact that, in our country most of the people live in rural areas. Therefore, it is needless to state that, most children get their school education in rural areas. After completion of school education, they study undergraduate and postgraduate courses in towns and cities thus necessitating the stay of many in hostels since their homes are found to be far away. Among the hostel students, variations are prevalent with respect to a number of aspects such as region, language style, eating habits etc. These different residential situations influence an individual's life considerably and call for adjustment. Hence hostel adjustment assumes significance in the education of PG students.

## TERMS AND DEFINITIONS

**Hostel Adjustment:** Refers to the changing of way of living in order to fit in hostel.

**Undergraduate Students:** Refers to the students of Arts and Science courses who are staying in men's hostel in Madurai.

## VARIABLES OF THE STUDY

### DEPENDENT VARIABLE

Hostel Adjustment

### INDEPENDENT VARIABLES

1. Mother Tongue - Tamil Vs Others
2. Family Size - Less than Five Vs Five and above
3. Native Place - Rural Vs Urban
4. Residence during Schooling - Hosteller Vs Day scholar
5. Subject of Study - Arts Vs Science

## OBJECTIVES OF THE STUDY

1. To measure the hostel adjustment of undergraduate students in Madurai men's hostels.

2. To find out whether there is a significant difference in the hostel adjustment among undergraduate students in terms of select population variables.

## HYPOTHESIS OF THE STUDY

Each of the population variables involved in this study exerts a significant influence on hostel adjustment among undergraduate students in Madurai.

## METHODOLOGY-IN-BRIEF

**Design:** Descriptive,

**Method:** Normative,

**Technique:** Survey

## Sample:

The sample consisted of 250 students from the four colleges in Madurai, viz. American College, Fathima College, C.S.I. College of Arts and Science and Thiagarajar College of Arts and Science.

## Tools Used

1. General Information Sheet structured by the Investigator.
2. Hostel adjustment inventory by Krishnan, K. and Meenakshisundaram, A. (1991).

## Statistical Technique Used

't' test between the means of large independent samples was worked out.

## RESULTS AND DISCUSSIONS

**Hostel Adjustment among undergraduate students in Madurai.**

The **empirical average** of Hostel Adjustment among undergraduate students in Madurai is found to be 136, while the **theoretical average** is 100 only. This shows that Hostel Adjustment among undergraduate students in Madurai is found well above the average level.

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