



MADURAI KAMARAJ UNIVERSITY

(University with Potential for Excellence)

Re-accredited by NAAC with 'A' Grade in the 3rd Cycle



Prof. Sankar Natesan, Ph.D.,
Registrar i/c

Palkalai Nagar, Madurai – 625 021,
Tamil Nadu, India.

Ref.: B1/BoS/UG/Psychology/Syllabus/2020

Date: 19-02-2020

To

All the Principals of Non-Autonomous Colleges
affiliated to Madurai Kamaraj University
(offering B.Sc. Psychology under CBCS semester pattern)

Sir/Madam,

Sub: Missing subject contents for IV, V and VI semesters of the syllabus
for B.Sc. (Psychology) under CBCS pattern with effect from the
academic year 2018-2019 – Appendix– BZ of Academic Council
dated 26-03-2018 – sent - reg.
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I am by direction to inform you that the soft copy of the missing subject  
contents for IV, V and VI semesters of the syllabus for B.Sc. (Psychology) under CBCS  
pattern implemented from the academic year 2018-2019 while printing the Appendix – BZ of  
Academic Council dated 26-03-2018 are sent herewith through e-mail.

I request that this may be informed to the concerned staff and the students of  
your college, accordingly for further action at your end.

Yours faithfully,

*SM*  
19/02/2020  
REGISTRAR-i/c.  
*SM*  
19/02/2020  
*19/2/2020*

Copy to:

1. The Controller of Examinations
2. The Senior Deputy Registrar, Strong Room
3. The Deputy Registrar, Confidential
4. The Assistant Registrar, UG Courses
5. The Superintendent , B.Sc. Semester
6. The Superintendent , Confidential Section

# **B.Sc. (Psychology)**

(under CBCS pattern - 2018-2019 onwards)

Syllabus contents for IV, V and VI semesters

## **FOURTH SEMESTER**

### **SOCIAL PSYCHOLOGY**

Core.7. Hours 5 Credit. 4 Sem. 4. Part. III.

#### **UNIT I : Introduction**

Nature, goal and scope of Social Psychology – Social Psychology and other social sciences – Methods of Social Psychology

#### **UNIT II: Social Perception & Cognition**

Perceiving ourselves: self-concept, self-esteem, self-presentation and self-expression – Perceiving others: Forming impressions – Role of non-verbal cues, stereotypes and central traits – Primacy and recency effects – Attribution: Meaning – Theory and biases

#### **UNIT III: Attitudes, Prejudice & Discrimination**

Attitudes: Meaning, nature and function - Attitudes and behaviour – Theories of reasoned and planned behaviour – Formation, change and measurement of attitudes; Prejudice and Discrimination – Nature and components – Acquisition – Reduction

#### **UNIT IV: Groups & Leadership**

Nature of Group formation – Functions of Group: Role, Status, Norms and Cohesiveness - Impact of Groups on Individual performance: Social facilitation and social loafing - Group Conflict – Decision making by Groups – Leadership

#### **UNIT V: Aggression & Prosocial Behaviour**

Aggression: Meaning – Theoretical perspectives – Trait, situational and social learning approaches – social and personal determinants of aggression – Prevention and control of aggression; Prosocial Behaviour: Meaning – Cooperation and helping - Personal, situational and socio-cultural determinants – theoretical explanations

## **TEXT BOOKS:**

1. Baron, R.A. & Byrne, D. Social Psychology (9th ed). Delhi :Pearon education 2000.
2. Myers, D.G. Social Psychology, New Delhi: Tata McGraw Hill , 2005
3. Feldman, R. S. (2005). Social Psychology: Theory, research and application. McGraw-Hill Education, New Delhi.
4. Sharma, Rajendra.K. and Sharma, Rachana (1997) Introduction to Social Psychology, Atlantic Publishers

## **EXPERIMENTAL PSYCHOLOGY II(Practicals)**

Core8. Hours 5 Credit.4 Sem. 4. Part. III.

Minimum 2 experiments should be chosen from each of the 5 units and in total ten practicals should be conducted and written in record book

### **Unit I: Psychophysics**

1. paired comparison and / or rank order
2. Differential Limen using method of average error
3. Weber's law-method of constant stimuli
4. Absolute limen for sensory stimuli
5. Signal Detection

### **Unit II: Aptitude:**

1. Differential Aptitude Test Battery
2. Spatial Perception Ability Test
3. Tweezer Dexterity Test
4. Finger Dexterity Test
5. Minnesota Rate of Manipulation Tests

### **Unit III: MOTIVATION**

1. Motivational Analysis Test
2. Achievement Motives
3. Sensation Seeking Scale
4. Affiliation Motives
5. Power Motives

### **Unit IV: ATTITUDE & INTERESTS**

1. Bogardus Social Distance Scale
2. Vocational Interest Inventory
3. Career Preference Scale
4. Thurstone's Inventory Scale
5. Occupational Interest Scale

### **Unit V: INTELLIGENCE:**

1. Developmental Screening Test
2. Social Maturity Scale
3. Bhatia's Battery of Intelligence
4. Cube Construction Test
5. P. G. I. Battery For Assessment of Mental Efficiency

### **Reference**

1. Chaube. S.P.(1985): Experimental Psychology, LaxmiNarain Publishers
2. Buratoa G. Andress - Experimental Psychology Wiley, Eastern Pvt. Ltd., 1968.

## STATISTICAL REASONING IN PSYCHOLOGY

Allied.Subject 4. Hours 6 Credit. 5 Sem. 4.Part. III

### **Unit I: The Normal Curve**

Characteristics & Properties, Skewness, Kurtosis, Applications of the normal curve.

### **Unit II: Significance Of Mean**

Concept of standard error, Confidence interval, Computation of significance of Mean in Large and Small samples: Sampling, Meaning; Methods of sampling; Size of sample

### **Unit III: Significance of difference between means**

Two tailed & One tailed tests of significance: Type I & Type II error Procedure for testing significance in Large & small Independent & correlated samples

### **Unit IV: Parametric Tests**

Correlation, Meaning & Types; correlation&causation; Karl Pearson's coefficient of correlation and its interpretation; Spearman Rank correlation method

Analysis Of variance, Meaning of the term; Procedure for Calculating analysis of variance

### **Unit V: Non Parametric Tests**

Chi square test, Use of chi square as a test of goodness - Use of chi square as a test of independence between variables, Assumptions, Uses & Limitations of chi square test;

### References

1. Verma, J. P., & Ghufuran, Mohammad. (2012). Statistics for Psychology: A comprehensive text. Tata McGraw Hill, India.
2. Mangal.S.K. (1987): Statistics in Psychology Tata McGraw Hill Publishing Co. Recommended reading:
3. Garrett, Henry E.(1981): Statistics in Psychology & Education, Vakils, Feffer& Simons

## PSYCHOLOGY FOR SUCCESS IN LIFE

Skill Based. 2Subject. Hours 2 Credit. 2 Sem. 4. Part. IV.

### **UNIT I**

Psychology: Meaning, Definition, Objectives, Scope of Psychology. Psychology for life: Positive Psychology as a path way to success in life.

### **Unit II**

Personal Skills Time management, Memory techniques, Creative thinking, Conflict management, Decision making and Goal setting.

### **UNIT III**

Social Skills: Johari Window, Interpersonal skills, Politeness (Etiquette), Family interaction, skills of effective communication, Leadership qualities.

### **UNIT IV**

Personality Development (Practical): Healing the Inner child: Meaning, Definition and need for healing the inner child, benefits of healing the inner child, Types of Children: Wonder child, contaminated child, wounded child.

### **UNIT V**

Personality Development (Practical): Practical healing techniques of Inner child, Diagnosis and Treatment, Types of Catharsis: Body movements, Talking, Journaling, New Behaviour Generator (NBG)

### **REFERENCES:**

KutharTara.L., (2003), Psychology. Major's Hand book New York, Wordsworth publication

Morgan C.T., King R.A WeisyJ.R.andScoopier.J (1993) Introduction to Psychology, 7th Edition, New York, Tata Mc Grew Hill

John Bradshaw, Home coming: Reclaiming and healing your inner child

Robert S.Feldman (1994).Essentials of understanding psychology, 2nd edition, New York, McMraw Hill Inc.

Hunt, M. (1993). The story of Psychology. New York: Doubleday.

Antony, D. John (2009) Principles and Practices of counselling, Dindigul: Anugraha Publication.

Hurlock, Elizabeth B. Developmental Psychology, New Delhi: Tata-McGr taw-Hill Publ.Co, 1987

Xavier, G. Francis, (2016), Be Happy and Live Long: Manage Your Stress and Time, Happily! Mumbai, Jaico Publishing House.

## **FIFTH SEMESTER**

### **CLINICAL PSYCHOLOGY- I**

B.Sc., Core 9. Hours 5 Credit. 5 Sem. 5. Part. III.

#### **Unit I: Introduction**

Defining Abnormality: Criteria of Abnormality. Normal mental health. History taking interview. Mental Status Examination. Classifying abnormal behaviour - DSM IV Classification & its limitations (Brief mention of ICD-10)

#### **Unit II: Anxiety based disorders**

Anxiety based disorders: Panic disorder, Agoraphobia, Specific Phobia, Social Anxiety disorder (social phobia). Generalized anxiety disorders. Obsessive - compulsive disorders - characteristics, Cognitive and motor patterns.

#### **Unit III: Somatoform disorders & Dissociative disorders**

Somatoform disorders - somatisation disorder - hypochondriasis - symptoms, somatoform pain disorder, conversion disorder - sensory, motor, visceral; Criteria for distinguishing between conversion disorder and organic disturbances.

Dissociative disorders: Dissociative Amnesia, Dissociative Fugue, Dissociative Identity Disorder, Depersonalization disorder. Causes - biological, psychological, socio cultural factors.

#### **Unit IV: Feeding/Eating & Sleep Disorders**

Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Obesity and Metabolic Syndrome.

Normal Sleep, Sleep-Wake Disorders: Insomnia disorder, Hypersomnolence disorder, Narcolepsy, Breathing related sleep disorders.

## **Unit V: Mental Retardation and Developmental Disorder:**

Levels of MR, Brain defects in MR, organic retardation syndromes, Cultural – Familial MR, Treatment & outcome. Learning disorders: coordination disorder: Causes and treatment. Pervasive developmental disorder – autism, clinical picture, Causes & treatment. Attention Deficit/Hyperactive Disorder.

### References

1. Barlow David H. & Durand, V. Mark (1995) Abnormal Psychology, Brooks/Cole Publishing Co.
2. Bootzin RR, Acocella JR & Alloy LB (6th Ed) Abnormal psychology-current perspectives-the Graw Hill inc. USA
3. Carson RC & Butcher JN: Abnormal psychology & modern life (10th Ed) Harper-Collins NY
4. Ronald J Comer: Abnormal psychology (2nd Ed) WH Freeman & co. NY
5. John M Neale, Gerald C Davidson & David AF Haaga: exploring Abnormal psychology (6th Ed) John Wiley & sons.

## **INDUSTRIAL PSYCHOLOGY**

B.Sc., Core 10. Hours 5 Credit. 5 Sem. 5. Part. III.

### **UNIT - I: Introduction**

What Industrial Psychology is? – Objectives – Scope – Industrial Psychology as a Science – Industrial Psychology as a Profession.

#### **Job Analysis And Job Evaluation**

Job Analysis – Definition, Applications and Scope – Various Methods of Job Analysis – Job Evaluation: – Various Methods of Job Evaluation.

### **UNIT - II: Performance Appraisal & Performance Rating System**

The Nature and uses of Performance Appraisals – Performance Appraisal Procedures based on judgement – Objective Measures of Performance Appraisal – Performance Rating Systems – Errors and bias in Rating – Types of Rating Methods.

### **UNIT – III: Personnel Selection & Testing**

Validity and Reliability of Selection Procedure – Various Types of Selection Procedures: Interviews, Application Blanks. Biographical Inventories and Reference check-up Techniques – Testing Abilities – Testing Personality – Testing Skills and Achievements.

### **UNIT – IV: Training & Development**

Introduction to Training and Development – Establishing Training needs – Methods and approaches in Management and Development – Methods and Approaches in Employee Training – Career Planning and Development.

### **UNIT – V: Psychology Applications for Safety in Industries**

Accident Statistics and Reports – Causes of Accidents: Situational factors and Individual factors – Characteristics of Accident repeaters – Various measures of prevention of accidents; Performance Failures: Causes: Individual Causes, Group causes, Organisational / Contextual Causes – Treatment and corrective actions of performance failure factors – Characteristics of Accident repeaters – various measures of prevention of accidents

### **References**

1. Miner John, B. Industrial and Organizational Psychology, New York: McGraw Hill 1992.
2. McCormick, E.J., & Ilgen, R. Industrial Psychology, (7<sup>th</sup> Edition), New Delhi: Prentice Hall of India, 1984.
3. Aamodt, M.G., (2013) 7<sup>th</sup> Edition. Industrial Psychology. Cengage Learning.

## **HEALTH PSYCHOLOGY**

Core.11 Subject. Hours 5 Credit. 5 Sem. 5. Part. III.

### **UNIT I: INTRODUCTION**

Definition – Mind-body relationship – Field of Health Psychology – Focus of Health Psychology – Bodily Systems

### **UNIT II: Enhancing Health and Preventing Illness**

Smoking, Reasons for smoking, Smoking and Health, Preventing and Quitting smoking, Alcohol use and abuse: Alcoholics, Reasons for use and abuse of alcohol, Preventing and treating for Alcohol abuse. Drug use and Abuse: Preventing and Stopping drug



abuse. Nutrition: Consumption, Nutrition and Health, Weight control and diet, Exercise.

### **HEALTH BEHAVIOUR & PRIMARY PREVENTION**

Health beliefs, behaviours and behaviour change – Health promotion – Changing Health Habits – Cognitive Behavioural approaches – Transtheoretical model of behaviour change – Health enhancing behaviours – Health compromising behaviours

### **Unit III: Becoming Ill and Getting Medical Treatment**

Health Services, Perceiving and Interpreting systems, Using and misusing health services, The Patient- Practitioner relationship, adhering to medical advice. The hospital, Being hospitalized, Psychological problems of hospitalized patients.

### **UNIT IV: STRESS, PAIN & COPING**

Defining, measuring and managing stress – theoretical contributions to stress – sources of chronic stress – stress and illness – coping with stress – coping and external resources – social support – coping outcomes – stress management

### **UNIT V: BEHAVIOURAL HEALTH**

Health Promotion - Exercising – Obesity & its Management – Quality of Life – Yoga and Meditation.

References:

1. Shelley E. Taylor. Health Psychology Third Edition. McGraw Hill International Editions, 1995.
2. Brannon, L & Feist, J. Health Psychology. CA: Wadsworth / Thomson Learning, 2000.
3. Ogden, J. (2012). Health Psychology. 5<sup>th</sup> ed. McGraw-Hill Education
4. Taimini. L.K. (1973). Glimpses into the Psychology of Yoga, The Theosophical Publication House, Chennai.

## **GUIDANCE AND COUNSELLING**

B.Sc., Core 12. Hours 5 Credit. 5 Sem. 5. Part. III.

### **Unit – I: Counselling**

Meaning and definition. History of Counselling. Need for Counselling in Indian situations. Counselling and Advice. Guidance and Counselling. Objectives of Counselling. Education & Counselling,

## **Unit - II: Counselling approaches and practices**

Directive, non-directive, Eclectic and Integrative approaches in counselling

## **Unit - III: Counselling Steps**

Two steps of counselling. Basic Skills of a good counsellor

## **Unit - IV: Counselling Process**

Preparation for counselling- Counselling Context and Process - Therapeutic Relationship - Boundaries - Dual Relationship- Providing Privacy - Confidentiality in Counselling.

## **Unit - V: Tools & Techniques used in counselling and guidance**

Importance of assessment in counselling, Tools used in assisting individuals towards self discovery. Guidelines to use tools.

### Reference

1. Antony, D. John. (2003) Skills of Counselling, 2nd edition, Dindigul, Anugraha Publications.
2. Dave, Indu (1992): Basic Essentials of Counselling
3. Sheitzer& Stone (1974): Foundations of Counselling
4. Pasricha, Prem (1976) : Guidance and Counselling In Indian education
5. Rao, Narayan (1984): Counselling Psychology
6. Prasantham, B.J. (1987) Therapeutic Counselling, Vellore, Christian Counselling Centre.

## **PROJECT I - CASE STUDIES**

Elective Subject.1.1 Hours 6 Credit. 5 Sem. 5.

Case Studies (any 3) to be submitted from the following areas

1. Elementary school children
2. Adolescents
3. Middle aged

4. Old Age
5. Children with special Needs
6. Working women

Each Case Studies not to Exceed 15 Pages

### ENVIRONMENTAL STUDIES

Hours 2 Credit. 2 Sem. 5. Part IV

(MK University Syllabus already followed)

### BASIC SKILLS IN COUNSELLING

B.Sc., Skill Based 3. Hours 2 Credit. 2 Sem. 5. Part IV

#### **UNIT I: LISTENING**

Qualities of the Effective Listener: Positive & Negative Listening – Proximity in Listening – Using Silence – Head nodding – Facial Expressions – Active Listening – Distraction – Hindrances to Listening

#### **UNIT II: EMPATHY-BUILDING**

Clarifying empathy – Empathy building Statements – People who empathize – Simple reflection of content – Simple reflection of feeling – Selective reflection – Using Empathy in everyday life – Empathy in difficult situations – Ethical issues

#### **UNIT III: HANDLING EMOTIONS**

Meaning and Definition - Basic Emotions - Feeling words – Expressing feelings – Releasing negative emotions - Dealing with Paradox - Focusing – Preventing Burnout – Coping with stress.

#### **UNIT III: PROBLEM-SOLVING ACTIVITIES**

Types of problem – Pin pointing the problems – Problem-Solving Cycle – Clarifying Problems – Dealing with problems – Planning – Evaluation of Problem solving. Goal Setting

#### **UNIT IV: PROBLEM-SOLVING STRATEGIES**

Empty Chair Technique- VKD- SWISH- Behavioural techniques.

## **TEXT BOOKS**

1. Antony, D. John. (2003) Skills of Counselling, 2nd edition, Dindigul, Anugraha Publications.
2. Burnard, P. (1995). Counselling Skills Training: A Sourcebook of Activities for Trainers. Kogan Page Ltd. London
3. Jones, Nelson (2005). Practical counseling and Helping Skills, 5<sup>th</sup> Edition, London: Sage Publications.

## **SIXTH SEMESTER**

### **CLINICAL PSYCHOLOGY- II**

B.Sc., Core 13. Hours 5 Credit. 5 Sem. 6.Part III

#### **Unit I: Personality Disorders**

Cluster A, Cluster B, and Cluster C.

#### **Unit II: Schizophrenia & Delusional Disorder**

General symptoms, types & causes (briefly) Delusional Disorder (paranoid)  
Clinical picture & causes.

#### **Unit III: Mood Disorder**

Normal depression, symptoms of mild to moderate & moderate to severe mood disorder, causal factors.

#### **Unit IV: Substance Abuse & Sexual Disorders**

Alcohol abuse & dependence, clinical picture, causes Drug abuse & dependence, narcotics, sedatives, stimulants, hallucinogens. Treatment & prevention

Normal Sexuality. Desire, Interest, Arousal Disorders. Orgasm Disorders. Sexual Pain Disorders. Sexual Dysfunctions due to a general medical condition. Paraphilic Disorders.

#### **Unit V: Treatment of Psychological Disorders**

Biologically based therapies, electroconvulsive therapy, pharmacological method; Psychotherapies – psychodynamic therapy, behaviour therapy, cognitive behaviour

therapy – rational emotive therapy & stress inoculation, humanistic therapy, client centred therapy

#### References

1. Barlow David H. & Durand, V. Mark (1995) Abnormal Psychology, Brooks/Cole Publishing Co.
2. Bootzin RR, Acocella JR & Alloy LB (6th Ed) Abnormal psychology-current perspectives-the Graw Hill inc. USA
3. Carson RC & Butcher JN: Abnormal psychology & modern life (10th Ed) Harper-Collins NY
4. Ronald J Comer: Abnormal psychology (2nd Ed) WH Freeman & co. NY
5. John M Neale, Gerald C Davidson & David AF Haaga: exploring Abnormal psychology (6th Ed) John Wiley & sons.

### **POSITIVE PSYCHOLOGY**

B.Sc., Core 14. Hours 5 Credit. 5 Sem. 6. Part III

#### **UNIT I: INTRODUCTION**

Definition – Assumptions and Goals – From the negative to the positive – View of human functioning - Eastern and western perspectives – Classifications and measures of strengths and positive outcomes

#### **UNIT II: POSITIVE PSYCHOLOGY IN CONTEXT**

Developing strengths and living well – Meaning and measure of happiness – Subjective Well Being – Self-Realization – Views of Happiness

#### **UNIT III: POSITIVE EMOTIONAL STATES & PROCESSES**

Principles of pleasure: Understanding positive affect, positive emotions and well-being: Positive Emotions and Health Resources – Positive Emotions and Well – Being - Emotion-focused coping – Emotional Intelligence

#### **UNIT IV: POSITIVE COGNITIVE STATES & PROCESSES**

Self-Efficacy, Optimism and Hope – Wisdom and Courage: the two universal virtues – Mindfulness, Flow and Spirituality

#### **UNIT V: PROSOCIAL BEHAVIOUR & POSITIVE ENVIRONMENTS**

Empathy and Egotism: Altruism – Gratitude – Forgiveness – Societal implications – Attachment, Love and Flourishing relationships

Positive Schooling – Gainful Employment – Building better communities – Life above Zero

## **TEXT BOOKS**

1. Snyder, C. R., Lopez, S. J., & Pedrotti, J. T. (2010). Positive Psychology: The scientific and practical explorations of human strengths. 2<sup>nd</sup> ed. Sage Publications, India.
2. Baumgardner, S. R., & Crothers, M. K. (2009). Positive Psychology. Pearson Education, India.

## **MARKETING AND CONSUMER BEHAVIOUR**

Elective Subject. 2 Hours 5 Credit. 5 Sem. 6 Part III

### **Unit - I : Marketing in the Twenty first century**

Definition, Scope of Marketing Core marketing concepts; Direct and On line marketing - Advantages & disadvantages.

### **Unit - II : Market Segmentation**

Levels and patterns of market segmentation, Segmenting consumer and business markets; Market targeting; Marketing mix.

### **Unit - III : Understanding Consumer behaviour**

Field and scope of consumer Behaviour; Types of consumers; Major Factors influencing Buyer Behaviour; cultural, social, personal and psychological factors.

### **Unit - IV : The Buying Decision process**

Buying roles, buying behaviour: Levels of consumer decision making; Models of consumers; Consumer Adoption process; the stages of buying - decision Process.

### **Unit - V : Consumer research**

History, consumer research Process; Conducting a research study; consumerism Guest lectures by experts in the field of marketing must be arranged.

### **References**

1. Kotler, Philip (2001) : Marketing Management. Millenium edition, Eastern Economy, Prentice Hall India, New Delhi
2. Schiffman. L.G. and Kanuk, L.L (1999): Consumer behaviour, 12<sup>th</sup> edition, Prentice Hall of India Pvt Ltd

## PROJECT II - SURVEY RESEARCH

B.Sc. Core 15. Hours 5 Credit. 6. Sem. 6 Part III

Survey in any two of the following areas:

1. Industrial work problems
2. Mental health problems
3. Social Phenomena
4. Family Problems
5. Consumer Behaviour
6. Environmental Issues

Project report should not exceed 50 typed pages

## VALUE EDUCATION

Credit 2, Hours 2, Sem. 6. Part IV

TO BE PRESCRIBED COMMONLY BY THE UNIVERSITY

## PERSONALITY PROFILE THROUGH HANDWRITING ANALYSIS

B.Sc., Skill Based 4. Hours 4 Credit. 2 Sem. 6. Part IV

### **Unit-1**

Introduction- what is graphology-Meaning-definition and scope- Brain-writing - Projective test - Schools in Graphology (Mimic & Symbolic School), Inferences (Physiological, Common sense, Universal concepts, Psychological & Scientific). Human Dimensions (Physical, Mental & Emotional).

Baseline -Slant - Slant reveals emotions, Vertical, Rightward, Leftward, Unstable, **Maniac d.**

### **Unit-II**

Size - Large, Overly large, Medium-sized, Small, overly small, Word enlargement & diminution, Mixed letter. Margin - Left, Right, Top, Bottom, Margin Variations.

Pressure – Heavy, Too heavy, Light, Too light, Healthy and Normal, Uneven pressure.  
Speed – Characteristics of fast writing

### **Unit-III**

Spacing –Zones- Zone interpretation, The three Zones, Peculiarities of Upper Zone, Middle Zone and Lower zone.

Printing and Cursive Writing-Connecting Strokes – Garlands, Arcades, Angles and Threading.

### **Unit-IV**

Strokes-Loops- Upper loop and its variations, Lower loop and its variations, Miscellaneous loops

Capital Letters- Printed capital, Big capital, Capital I and its variations. Single Letter

### **Unit-V**

Signatures- Introversion and Extroversion –Intelligence – Dishonesty –Job Compatibility – Identifying Positive traits, Identifying Negative Traits

Personality Profile of a Counsellor, Secretary.Graphotherapy – Need and Motivation, Graphotherapy a Behaviour Therapy,

### **References**

Dines, Jess E. Handwriting Analysis Made Easy. New Delhi: Sterling Publishers Pvt. Ltd., 1994.

Falcon, Hal.How to Analyze Handwriting. New York: Galahad Books, 1964.

John Antony, D. Personality Profile Through Handwriting Analysis. Dindigul: Anugraha Publications, 2009.

Lowe, G. Thurman. Handwriting Analysis at-a-glance. Baltimore: I.& M. Ottenheimer, 1954.

Marcuse, Irene. Guide To Personality Through Your Handwriting. New York: ARC Books, Inc., 1971.

McNichol, Andrea. Handwriting Analysis – Putting It to Work for You. Bangalore: Jaico Publishing House, 1992.

Raviraj.Winning with Handwriting. Chennai: New Century Book House (P) Ltd., 2007.

River.Handwriting Analysis. New Delhi: River Books, n.d.



## TRAUMA PSYCHOLOGY

B.Sc., Skill Based 5. Hours 4 Credit.2 Sem. 6. Part IV

### **Unit-1**

Introduction – overview of Trauma – Symptom and Signs of Trauma. Physiology of Trauma- Post Traumatic Disorder and Acute Stress Disorder.

### **Unit-II**

Clinical Diagnosis of PTSD- Ramifications of PTSD - Trigger Stimulus.

### **Unit-III**

Specific Traumas- Crimes Committed by Strangers – Rape and Sexual Assault- Domestic Violence and Sexual Abuse – Vehicular accidents – War and Combat- Natural Catastrophes

### **Unit-IV**

First Aid techniques – The Healing Process – Cognitive Stage – Emotional Stage- Understanding and Handling Grief and Sorrow – Administering VKD.

### **Unit-V**

Empowerment – The Mastery Stage- The Therapeutic process – Treatment: Pharmacotherapy and Psychotherapy

### **References**

1. Antony, D. John (2008). Trauma Counselling, Anugraha Publications, Dindigul
2. Sekar K. (2005). Tsunami Disaster – Information Manual, National Institute of Mental Health and Neuro Sciences, Bangalore.



# MADURAI KAMARAJ UNIVERSITY

(University with Potential for Excellence)

Re-accredited by NAAC with 'A' Grade in the 3<sup>rd</sup> Cycle



**Prof. Sankar Natesan, Ph.D.,**  
Registrar i/c

Palkalai Nagar, Madurai – 625 021,  
Tamil Nadu, India.

Ref.: B1/BoS/UG/Psychology/Syllabus/2020

Date: 19-02-2020

To

All the Principals of Non-Autonomous Colleges  
affiliated to Madurai Kamaraj University  
(offering B.Sc. Psychology under CBCS semester pattern)

Sir/Madam,

Sub: Missing subject contents for IV, V and VI semesters of the syllabus  
for B.Sc. (Psychology) under CBCS pattern with effect from the  
academic year 2018-2019 – Appendix– BZ of Academic Council  
dated 26-03-2018 – sent - reg.

I am by direction to inform you that the soft copy of the missing subject  
contents for IV, V and VI semesters of the syllabus for B.Sc. (Psychology) under CBCS  
pattern implemented from the academic year 2018-2019 while printing the Appendix – BZ of  
Academic Council dated 26-03-2018 are sent herewith through e-mail.

I request that this may be informed to the concerned staff and the students of  
your college, accordingly for further action at your end.

Yours faithfully,

*SM*  
19/2/2020  
REGISTRAR-i/c.  
*SM*  
19/02/2020  
*SM*  
19/2/2020

Copy to:

1. The Controller of Examinations
2. The Senior Deputy Registrar, Strong Room
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4. The Assistant Registrar, UG Courses
5. The Superintendent , B.Sc. Semester
6. The Superintendent , Confidential Section