

EMOTIONAL MATURITY AMONG GIRLS B.ED.STUDENTS IN MADURAI DISTRICT

Dr.C.Subbulakshmi

Assistant Professor, Women's Studies Centre, Madurai Kamaraj University, Madurai

Introduction

Many attempts have been made to define emotional maturity. "In psychological writings the definition of maturity has frequently been a rather negative one. A definition of emotional maturity that is in keeping with the facts of development and the potentialities involved in the process of development must & has not simply restriction and control but also the positive possibilities inherent in human nature. Mature emotional behavior at any level of growth is that which most fully reflects the fruits of healthy development in all the interaction, aspects of the growing person's make up. An adequate description of emotional maturity must take account of full scope of the individuals' capacity and power and of his ability of use and enjoy them. In its broadest sense emotional maturity means the degree to which the person has realized his potential for richness of living and has developed his capacity to enjoy things, to love and to laugh, is capacity for whole hearted sorrow when an occasion for grief arises, his capacity for experiencing anger when faced with the warnings that would, rile the temper for any reasonable tolerant or sensible person, and his capacity to show fear when there is occasion to be frightened, without feeling a need to use a false mask of courage such as must be assumed by persons afraid to admit that they are afraid. Though emotional maturity is a matter of concern among girls B.Ed. students' achievement, no organized study has been carried out till date. Hence need for the present study.

Operational Definitions of the Terms

Emotional Maturity- refers to the adequate description of full scope of the individuals' capacity and powers, and of his/her ability to use and enjoy them.

Girls B.Ed. students – refers to those who are studying bachelor of education affiliated to Tamil Nadu Teachers' Education University in Madurai district.

Variables of the Study

Dependent Variable: Emotional Maturity

Independent Variables

1. Domicile : Rural/Urban

2. Father's Literacy : Literate / Illiterate

3. Mother's Literacy : Literate / Illiterate

4. Family type : Joint/Nuclear

5. Participation in Sports and Games : Yes/No

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